

<b>POSITION:</b> Mental Wellness Counsellor Arabic Speaking	POSITION STATUS: Permanent-Full Time
DEPARTMENT: IRCC-Mental Wellness	HOURS OF WORK: 25 hours per week
<b>RATE OF PAY:</b> \$26.76/hr	# OF POSITIONS: 1
UNION: Unifor	<b>POSTING PERIOD:</b> 2024-04-09 to 2024-04-15

**Scope:** The mental wellness counselor plays a crucial role in providing frontline support to individuals from immigrant and refugee backgrounds who are experiencing mental health challenges. Their support services encompass a range of interventions, including adult and youth counseling, group sessions, wellness workshops, and training for service providers. By offering these services, the counselor helps to ensure that the mental health needs of this vulnerable community are addressed in a respectful and appropriate manner. The counselor's expertise and knowledge in the field of mental health are invaluable in providing targeted support to individuals from immigrant and refugee backgrounds, who may face unique challenges related to their cultural identities and experiences. Through their work, the counselor contributes to building a more inclusive and supportive society, where everyone can access the care they need to achieve their full potential.

## **Responsibilities:**

- Conducting crisis assessment and intervention.
- Responding to internal and external referrals.
- Offering crisis support assistance and follow-up.
- Offering brief supportive counselling to clients and their families in emotional distress.
- Conduct outreach, networking and promotion of services, connect with community support and partners.
- Provide consultation, assessment and recommendations when an emergent mental health concern arises.
- Develop and present workshops on the topic of mental wellness, stigma and self-care.
- Facilitate group sessions based on the needs identified.
- Advocacy regarding client care.
- Navigating interdisciplinary support systems.
- Availability for some evenings as needed.
- Access to transportation and ability to travel short distances required.

## Miscellaneous:

- Provide efficient and thorough service with the ability to effectively engage and empower service seekers.
- Advocate ensuring systems and services protect the rights of clients and give clients control over decision-making.
- Support and participate in events and in cooperation with colleagues.
- Support the manager in proposal writing.

- Support the organization for outreach and public events.
- Participate in the program evaluation process.
- Participate in staff meetings, case management sessions and committees.
- Demonstrate adherence to organizational policies and procedures, its mission and mandate.
- Be aware of and implement relevant government policies and guidelines that pertain to the services provided.

## **Skills and Abilities:**

- Excellent communication skills, written and verbal.
- Excellent organization and problem-solving skills.
- Ability to exhibit efficiency and demonstrate commitment to meet tight deadlines Able to work independently and in a team environment.
- Ability to conduct presentations, lead workshops, and facilitate meetings.
- Computer proficiency in using Microsoft Office Suite and online platforms, techniques, and tools (e.g. Zoom, OneDrive).
- Ability to adapt to ongoing changes and new technologies.
- Strong ability to work with various databases, data collection and analysis.
- Possesses strong collaborative skills and can develop meaningful partnerships through thoughtful and genuine engagement.

## **Education & Experience:**

- Arabic speaking, reading, and writing **REQUIRED**.
- Undergraduate degree in social work or related field preferred.
- Having lived experience in immigration is a valuable asset.
- Understanding of mental health and the health sector in Ontario.
- Flexibility and open-mindedness.
- Ability to work effectively in a diverse environment.
- Knowledge about the settlement sector with a view of the larger landscape of settlement in Canada.
- Experience working with diverse populations including but not limited to newcomers, language minorities, racial minorities, marginalized communities, LGBTQ, disabled and those without status.
- Computer proficiency in using Microsoft Office Suite.

W5 welcomes diversity in the workplace and encourages applications from all qualified individuals, including 2SLGBTQIA+, Visible Minorities, Indigenous People, and persons with disabilities.

Accommodations will be provided throughout the hiring process upon request.

Thank you to all applicants for your interest in the position. However, only candidates selected for an interview will be contacted.